

SCOTLAND RUN GOLF CLUB & POSE STUDIO PRESENT

# PILATES FOR A PURPOSE

— SUNDAY, OCTOBER 4 —

9:00AM - 11:30AM | SCOTLAND RUN GOLF CLUB

**Wear your cutest pink set** and get ready to sip, sweat & sculpt in support of Breast Cancer Awareness! Before and after class, shop a lineup of local vendors featuring permanent jewelry, cute Philly-themed merch, health & wellness goodies, and more!

## SCHEDULE

**9:00AM - 10:00AM** | Vendor Shopping

**10:00AM - 11:00AM** | Pilates Class with Fran (outdoor pavilion)

**11:30AM** | Group Photo & Pink Mimosa Toast

(All attendees are welcome to head to brunch after the class!)

## YOUR TICKET INCLUDES

1-Hour Pilates Sculpt Class | Complimentary Pink Mimosa | Vendor Shopping  
Brunch Buffet in the Clubhouse | Goodie Bags with Custom Pilates Accessories

## WHAT TO BRING

Water Bottle, Mat & Face Towel

**No Equipment Required!**

**\$75 ++ PER TICKET**

Plus Tax & Gratuity

**\$10 OF EACH TICKET SALE WILL BE DONATED DIRECTLY TO  
AMERICAN BREAST CANCER SOCIETY**

*This is an outdoor, rain or shine event!*



**SCAN QR CODE TO  
RESERVE YOUR SPOT**

  
**POSE STUDIO**  
HOT YOGA & PILATES

